



## RIGHT WHERE WE NEEDED TO BE

When the pandemic turned the world upside down, Moveable Feast faced the challenges head on so that we could continue serving those in need. “Our clients are the reason we exist and do this work, and they’re by definition vulnerable to the ongoing crisis we’re facing,” said Sara Zisow-McClean, Director of Program Services.

We’re proud to say that throughout this crisis, Moveable Feast never missed a single delivery to any of our clients; and by the end of this year, we anticipate providing over 500,000 meals to our critically-ill neighbors in Maryland.



*Volunteers adhere to safety guidelines and maintain social distancing.*

Many changes have been made during the past 6 months in the way we operate. We immediately shifted to contactless deliveries, and our volunteer program was suspended to ensure everyone’s health and safety. Our administrative team and kitchen team stepped up to continue meeting our daily production needs.

In August we allowed a limited number of kitchen volunteers to rejoin us for two shifts a week with proper social distancing protocols.

Thanks to a technology grant from the France-Merrick Foundation we were able to upgrade with new laptop computers, cloud migration, and a telehealth platform to allow for our dietitians to meet face-to-face with clients virtually.

In June we held a donation drive for PPE and toiletry items for our clients, and we received an overwhelming response. Enough items were donated for us to provide care packages for every one of our clients.

We’re extremely grateful for the outpouring of support from compassionate people, like you, in the community. Your ongoing support has been vital for us to continue to FEED people, FIGHT disease, and FOSTER hope.

## WHAT WE’VE ACCOMPLISHED DURING COVID

Thanks to



**\$572,032**  
received in  
emergency  
funding



**7890**  
meal  
production  
hours

We delivered



**332,949**  
meals



**700**  
care packages

To



**1249**  
clients

# A QUICK BITE

Dear Friends of Moveable Feast,

What an incredible journey 2020 has been so far. When I joined Moveable Feast in mid-June, I was immediately impressed with how the organization pivoted so quickly to maintain service to all our clients. My initial thought was, we were right where we needed to be. In March when the pandemic forced everyone to shelter in place, Moveable Feast continued to deliver food to people throughout Maryland. We offer services that are specifically geared to people who are vulnerable because of their illnesses – something that is now more important than ever. We were founded during the height of the AIDS pandemic in the 1980's, and we were right where we needed to be when COVID-19 became a part of our new reality.

The pandemic has had a huge impact on our operations but we have not missed a single delivery to our clients since it started. Our volunteer program completely shut down in March. The staff have been committed to getting our meals made and delivered despite this challenge, but we really miss seeing our volunteers! Our donors have also shown their commitment to Moveable Feast; supporting our annual fundraisers, Ride for the Feast and Dining Out For Life, even though they had to go virtual – and supporting us through our COVID-19 emergency fundraising efforts. We are so grateful for the continued trust and encouragement we have received from the compassionate community that makes up Moveable Feast. It is because of you we are able to meet the needs of people living at the intersection of food insecurity and critical illness.

We have also learned over the last few months that we need to dig deep and examine how racism affects our clients, our community, and our organization. People of color are disproportionately impacted by COVID-19 due to inequitable access to health resources. We are committed to reexamining and refocusing our strategy to ensure that we are improving outcomes for those most negatively impacted by injustice and racism.

Thank you for being a partner with us as we continue to feed people, fight disease, and foster hope.

Sue Elias  
*Executive  
Director*



# GET INVOLVED

## VOLUNTEER AS A DELIVERY DRIVER



Help deliver healthy meals to our clients and make a positive impact on those we serve! Delivery drivers can choose the weekday and state their preferred area of delivery within the city and surrounding counties. For the safety of our clients and volunteers, we are adhering to no contact pickups and drop offs. Moveable Feast will provide PPE for all drivers.

For more information or to sign-up as a delivery driver, contact Angie Kelley at [akelley@mfeast.org](mailto:akelley@mfeast.org) or 410-327-3420 x 31.



## VOLUNTEER SPOTLIGHT

The Baltimore Orioles highlighted volunteers from their community partners for their Fan Appreciation Week in September. We were honored to showcase our longtime volunteer, Mark Heesen. Mark has been volunteering at Moveable Feast for the last three years, and in that time has dedicated almost 400 hours of his time. He has supported us through volunteering in our kitchen and at our special events. Thank you Mark for your service to Moveable Feast!



# WHO WE SERVE

Debra Holcomb has been receiving Moveable Feast meals and services since December 2018. "The meals do help a lot," she said. "On a fixed income, some things you can't get that you really need... I thank God for y'all."

Diagnosed with HIV and osteoporosis, 67-year-old Debra struggles to keep weight on. During her most recent nutritional counseling session with Community Dietitian Isabel Betancourt, she happily reported she had reached her goal weight. "I'm doing the best I can. HIV is an up and down thing," said Debra.

Having healthy food and supplements delivered to her home has been especially important for Debra. "I don't have much family support," she said. What she's found helpful is the education and motivation provided by Isabel. "She tells me the things I need to learn about, what helps and what doesn't," said Debra. "She cares for her clients and motivates you. That's the part I love about her."



Debra Holcomb, Moveable Feast client.



**7 #TAKEOUTTHURSDAY EVENTS + 4 RAFFLE PRIZE GIVEAWAYS  
+ 30 VIRTUAL AMBASSADORS = OVER \$51,000 RAISED**

**Thank you to our sponsors.**



Kelly



## 3-COURSE MEAL

### Three Questions for a Moveable Feast Volunteer

Kelly Goles is the event committee chair for Dining Out For Life and has been volunteering for this event as an Ambassador for the last 10 years. Her leadership of the Dining Out For Life committee was incredibly important this year as we transformed Dining Out For Life into a virtual event.

#### WHAT 3 WORDS COME TO MIND WHEN YOU THINK OF MOVEABLE FEAST?

Hope, Health, and Comfort.

#### WHAT IS YOUR FAVORITE RECIPE TO MAKE FOR FRIENDS AND FAMILY?

My favorite recipe is my family's pumpkin roll. I have been helping my mom make pumpkin rolls since I was a kid. She has always given them out as Christmas gifts, and people look forward to them all year. Keeping this tradition alive is something I look forward to as well, even though the list has gotten so long. It sometimes takes us more than a day to make the nearly 100 pumpkin rolls we make to give out.

#### WHAT DO YOU ENJOY MOST ABOUT VOLUNTEERING FOR MOVEABLE FEAST?

Food is so important in life. I love that I am helping make sure those in need not only have food, but that it's nutritious and delicious.



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#### SAVE A STAMP – TEXT “FEAST” TO 56512 TO DONATE

Your support means more people can get the nutrition they need during a difficult time in their life.



Our 2020 Virtual Ride for the Feast raised over \$750,000! Thanks to the fundraising efforts of 190 riders, volunteers, and other supporters, we were still able to have an amazing event.

We're working on plans for the 2021 Ride scheduled for Saturday, May 1, 2021. Our goal is to provide a memorable, one-day event that incorporates social distancing and safety protocols while allowing us to celebrate in person.



**SAVE THE DATE! MAY 1, 2021**

Additional event details will be released by November 1, and registration for Ride for the Feast will begin December 1 at [www.rideforthe Feast.org](http://www.rideforthe Feast.org).

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